

Early Bird

Programme Content

Early Bird is a free 12-week Parenting programme for parents/carers and teachers of children aged 0-4 years who have been diagnosed with autism. It helps them to:

- Communicate with their child
- Manage their behaviour positively
- Support their child whilst they are at school.

Access Pathway

Early Bird is delivered by the Autism Outreach Team and families can be referred into a programme following a diagnosis of autism by:

- Their doctor
- The Child Development Unit
- A speech and language therapist
- The Autism Outreach Team.

Next Steps for Parents

After completing an Early Bird programme, parents/carers can progress to:

- Another Parenting programme, if they would like support with their other children/young people who do not have autism
- Family Learning or adult learning. For information about current provision, contact Family, Adult and Community Learning on (0191) 561 2620
- A community activity. Search the directory to find one <http://www.familiesinfoservice.com/findaservice.html>
- Volunteering. For details of the training package and induction available to local parents/carers, contact your local Children's Centre.